

WEEKLY BIBLE STUDY NOTES

Grace and Peace be multiplied to you in the knowledge of God and of Jesus our Lord;... 2 Peter 1:2

How to Enter His Rest

Part 1

How It All Works Together

Pastor Anthony Trezza

Hebrews 4:1 Therefore, let us fear if, while a promise remains of entering His rest, any one of you may seem to have come short of it. **2** For indeed we have had good news preached to us, just as they also; but the word they heard did not profit them, because it was not united by faith in those who heard. **3** For we who have believed enter that rest, just as He has said, "AS I SWORE IN MY WRATH, THEY SHALL NOT ENTER MY REST," although His works were finished from the foundation of the world.

Hebrews 4:4 For He has said somewhere concerning the seventh [day:] "AND GOD RESTED ON THE SEVENTH DAY FROM ALL HIS WORKS";

Hebrews 4:5 and again in this [passage,] "THEY SHALL NOT ENTER MY REST."

The Law of Separation Was established on the First Day of Creation:

There is us, and there is them

There is us, and there is they.

- Let us fear while a promise remains of entering His Rest
- As God swore, "They shall not enter My rest."

Hebrews 4:9 So there remains a Sabbath rest for the people of God.

Here it is:

Hebrews 4:10 For the one who has entered His rest has himself also rested from his works, as God did from His.

Hebrews 4:11 Therefore let us be diligent to enter that rest, so that no one will fall, through [following] the same example of disobedience.

- Make no mistake about it
- In this life, Rest is our destination
- And if you have any desire to enter His eternal rest, you must first find it here

Matthew 11:28 "Come to Me, all who are weary and heavy-laden, and I will give you rest.

How Do We Enter His Rest?

Hebrews 4:12 For the word of God is living and active...

- God's word never dies

- It is eternal, it is living
- It is always active in the lives of true believers
- The word of God is doing the work in the lives of those who believe

1 Thessalonians 2:13 For this reason we also constantly thank God that when you received the word of God which you heard from us, you accepted [it] not [as] the word of men, but [for] what it really is, the word of God, which also performs its work in you who believe.

Let Us Put This All Together:

- After creating the heavens and the earth in 6 days, God rested on the 7th day from all His works
- Let us, the writer of Hebrews says, be diligent to enter that rest
- For all who enter that rest, also cease from their labor as God did from His

Within the First 6 Days of Creation Everything Pertaining to Life and Godliness was Released into Existence by the Word of God:

- Then God entered His rest, because His word is now at work keeping His creation in order
- Wherever we believe His word we enter that same rest, and thereby allow His word to work in us everything that pertains to life and godliness
- When we believe we find ourselves in a place of rest, having ceased from our labor as God did from His

An Example:

Famous podcaster interviewing Mel Gibson

- Some people have a hard time believing that Jesus rose from the dead
- If you stumble at that there is no hope for salvation and you will not enter His rest
- You will continue to try to work your way into heaven in a vain attempt make it into heaven

Romans 10:8 But what does it say? "THE WORD IS NEAR YOU, IN YOUR MOUTH AND IN YOUR HEART"--that is, the word of faith which we are preaching, **9** that if you confess with your mouth Jesus [as] Lord, and believe in your heart that God raised Him from the dead, you will be saved;

- If you don't believe that God raised Jesus from the dead, you will not be saved
- If you do believe that you enter His rest, receiving salvation for your soul, eternal security is a done deal for you.
- You are at rest with that and no longer find yourself as so many do trying to please God through vain works...

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- Did you know that rest is not merely a place where you cease from work
 - But that rest is a place of healing
 - God designed us to where we are healed and repaired in our place of rest
 - People that work out...
 - Even our mouth after we eat...

If the Lord brought the Old Covenant Church to a place of rest, how much more for us?

Numbers 10:33 NKJV - So they departed from the mountain of the LORD on a journey of three days; and the ark of the covenant of the LORD went before them for the three days' journey, to search out a resting place for them.

Psalm 23 is All About Rest:

Psalm 23:1 KJV - [The LORD [is] my shepherd; I shall not want. **2** He maketh me to lie down in green pastures: he leadeth me beside the still waters.

- **In the original Hebrew still waters mean waters of rest...**

How Does This All Work?

Genesis 1:1 In the beginning God created the heavens and the earth.

Genesis 1:2 The earth was formless and void, and darkness was over the surface of the deep, and the Spirit of God was moving over the surface of the waters.

- **By far the biggest construction project ever embarked upon in the history of the world**
- **And God did not use bulldozers, payloaders and dump trucks to create the universe**
- **He only needed His word**

Genesis 1:3 Then God said,...

I am About to Upset a Lot of People:

Hebrews 11:3 By faith we understand that the worlds were prepared by the word of God, so that what is seen was not made out of things which are visible.

- **If you do not believe this you might as well throw out your bible**
- **Because if you do not believe the beginning of His word, there is no way you can believe anything else in His word**
- **You may have a mental assent, but you do not possess saving faith**
- **And you will never enter His rest**

Genesis 1:3 Then God said, "Let there be light"; and there was light. **4** God saw that the light was good; and God separated the light from the darkness. **5** God called the light day, and the darkness He called night. And there was evening and there was morning, one day.

Two Things Were Established on the First Day of Creation:

- 1. Let there be light**

This amazing statement was a play on words

Let there be light is really saying, let there be the word

God did not create the Sun until the fourth day

John 1:1 In the beginning was the Word, and the Word was with God, and the Word was God.

And

John 1:4 In Him was life, and the life was the Light of men.

And

Psalms 119:105 KJV -. Thy word [is] a lamp unto my feet, and a light unto my path.

And

Matthew 4:13 and leaving Nazareth, He (**Jesus**) came and settled in Capernaum, which is by the sea, in the region of Zebulun and Naphtali. **14** [This was] to fulfill what was spoken through Isaiah the prophet: **15** "THE LAND OF ZEBULUN AND THE LAND OF NAPHTALI, BY THE WAY OF THE SEA, BEYOND THE JORDAN, GALILEE OF THE GENTILES-- **16** "THE PEOPLE WHO WERE SITTING IN DARKNESS SAW A GREAT LIGHT, AND THOSE WHO WERE SITTING IN THE LAND AND SHADOW OF DEATH, UPON THEM A LIGHT DAWNED." **17** From that time Jesus began to preach and say,..."

2. He established the Law of Separation

Genesis 1:4 God saw that the light was good; and God separated the light from the darkness. **5** God called the light day, and the darkness He called night. And there was evening and there was morning, one day.

There is an us, and there is a, them

There is, we, and there is, they. = Separation!

There are the saved, there are the lost = Separation!

There are those who will enter His rest and there are those He swears will not= Separation!

There is good and there is evil = Separation!